**Finding Research Worksheet**

Research question: I need to review research on sleep deprivation in high school students.

<table>
<thead>
<tr>
<th>Keywords</th>
<th>and or not</th>
<th>Keywords</th>
<th>and or not</th>
<th>Keywords</th>
<th>Tips</th>
</tr>
</thead>
<tbody>
<tr>
<td>&quot;sleep depriv*&quot;</td>
<td>and</td>
<td>teen* or adolescent</td>
<td>and</td>
<td>&quot;high school&quot;</td>
<td>1. State your question as a sentence.</td>
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<td>2. Identify key concepts that must be present in the information source; use <strong>and</strong>.</td>
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<td>3. Consider related terms that might be used for a key concept; use <strong>or</strong>.</td>
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<td>4. Use truncation symbol for word variations; use * (asterisk).</td>
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<td>5. Use “ “ (double quotation) for phrases. Don’t overuse. Consider proximity connector for phrase variation: n# or w#.</td>
</tr>
</tbody>
</table>
|           |          |          |            |          | 6. Configure **Google Scholar**  
- Customize settings  
- Enter search using parentheses for keyword groups; capitalize connectors; use suggested abstracts keywords. |

**Too few?** Check spelling; remove concepts.  
**Too many?** Limit to abstract field; add a concept.
Quick Start Guide for Using Library Resources

Set up your accounts

- **Library PIN** to renew books using the Your Library Record feature in the library’s catalog; place holds/recalls; borrow books from participating Circuit libraries; access databases remotely; use library computers.
  
  [http://library.sdsu.edu/help/create/reset-pin](http://library.sdsu.edu/help/create/reset-pin)

- **Interlibrary loan (ILL)** to provides electronic or mail delivery of articles, books and other materials not held by San Diego State.
  
  [https://illiad.sdsu.edu/illiad/FirstTime.html](https://illiad.sdsu.edu/illiad/FirstTime.html)

- Citation management tool - **EndNote Basic** - to organize and group references in any way that works for you; create and format your bibliographies using Cite-While-You-Write; share your research and references with colleagues.
  

- Configure Google Scholar to display materials available from the SDSU Library: [http://scholar.google.com](http://scholar.google.com)
  
  Click **Settings** on the Google Scholar main page.
  
  Click **Library links** and type **SDSU**.

  Select **San Diego State University - SFX** and **Save**.

  Now your Google Scholar search results will show up with a **SDSU SFX** link if the SDSU library owns the material. Click on this link to get access to the item.

Find Library research materials for your projects: [http://library.sdsu.edu](http://library.sdsu.edu)

The Library has 2.2 million volumes (books and periodicals) and subscribe to over 40,000 online full text journals. We also subscribe to over 150 databases which help you find articles on your topic.

- Use the **Research Guides** for a comprehensive list of article database: [http://library.sdsu.edu/guides/](http://library.sdsu.edu/guides/)

- Use **Locating Journals & Articles** search forms to (1) determine holdings and formats for journal titles owned by SDSU and (2) to locate articles for which you have a citation: [http://library.sdsu.edu/find/articles-journals](http://library.sdsu.edu/find/articles-journals)

- Use the **Library Catalog** to locate books and media use the library catalog: [http://libpac.sdsu.edu](http://libpac.sdsu.edu)

- Use **Circuit** (via the Library Catalog) to borrow books from UCSD, CSUSM, USD and the San Diego County Library system for delivery to the SDSU Library within 24-48 hours.

Get help with research

Librarians are your friendly, live connections to the Library & Information Access. They share information about the library, its services and collections, and support your research needs.

- Research assistance is available in-person and on the phone at the Reference Desk on the 1st floor of the Library Addition.

- In depth assistance can be provided by your department’s library liaison: Carolyn Baber, [cbaber@mail.sdsu.edu](mailto:cbaber@mail.sdsu.edu), 619-594-6990

  You can find other library liaisons: [http://library.sdsu.edu/people/biblist.php](http://library.sdsu.edu/people/biblist.php)

Prepared for JMS 310W (2/12/2016) by Carolyn Baber, SDSU Library & Information Access.